

# Management of Anaphylaxis

An Anaphylactic shock, or anaphylaxis, is a life-threatening, serious allergic reaction to an allergen such as food substances or insect stings. If it is not treated appropriately, it may cause death. This training is for qualified First Aiders and Emergency First Aiders to enable them to recognise and treat anaphylaxis safely and effectively. This course is suitable for all First Aiders and healthcare professionals, as well as those in a high risk environment where such medication is available.



## RQF Level 3 Award

Qualification title:	FAA Level 3 Award in Immediate Management of Anaphylaxis (RQF)	Code:	601/4738/6
Unit title:	Recognition and Management of Anaphylaxis	Unit code:	J/506/6603
Credit:	1		

## SCQF Level 6 Award

Qualification title:	Award in Immediate Management of Anaphylaxis at SCQF Level 6	Code:	R416 04
Unit title:	Recognition and Management of Anaphylaxis	Unit code:	UG40 04
Credit:	1		

When administering a medication, it is important to recognise and differentiate between allergic reactions and the potentially life-threatening anaphylactic reactions immediately. It is also essential to determine whether the individual has had an allergic or anaphylactic response to the medication in the past or prior to administration.

## Duration

This is a classroom-based course of 6 contact hours. Dependent on the learner's experience, there may well be some pre-course or post-course reading.

## Syllabus

The course is made up of practical and theoretical sessions delivered by your Instructor who will provide a detailed course programme.

At the end of the course, learners will be able to:

- Describe anaphylaxis
- Identify triggers for anaphylaxis
- Describe life threatening problems associated with the:
  - Airway
  - Breathing
  - Circulation
  - Disability (Neurological status)
  - Exposure (Skin and mucosal changes)
- Identify key features of adrenaline-auto injectors
- Conduct an initial assessment using the ABCDE approach
- Demonstrate a recovery position
- Demonstrate resuscitation for adult and/or child
- Recognise the need to use an auto-injector
- Prepare medication for administration during anaphylaxis treatment
- Demonstrate the safe use of an adrenaline auto-injector using a training device
- Safely dispose of sharps according to agreed ways of working
- Handover the casualty to a medical professional

## Certification

This qualification lasts for 3 years. To renew the qualification, learners will need to retake the full course. However, it is recommended that during the 3-year period, the learners attend annual refresher courses.

## Assessment

A range of methods are used, including, practical and questioning (open and multiple-choice).

## Numbers

A maximum of 12 students can be accommodated on this course and all candidates must be a minimum of 16 years of age to qualify.

